



Colorado Shines Professional Development Information System (PDIS) In-person and Virtual Opportunities List

The Colorado Shines Professional Development Information System (PDIS) is designed to support your professional development and guide your career growth as an early childhood professional.

WHY DOES PROFESSIONAL DEVELOPMENT MATTER?

Professional development helps prepare you to work with and on behalf of young children and their families. It can help you to improve your knowledge, skills, and practices as a provider of early childhood services. Professional development helps to ensure you are effectively supporting the children in your care during the critical early years.

Use this guide to view a variety of in-person and virtual live opportunities offered by training organizations throughout Colorado. These courses have been reviewed through the Colorado Shines Training Alignment Process (TAP), align to Colorado's Competencies for Early Childhood Educators and Administrators, and meet best practice standards for adult learning. Training certificates will be issued through your PDIS account within seven days after the event.

Visit <https://ecpd.costartstrong.org/ets/store/> to search the course catalog for live event dates or contact the training organization to arrange an event for your program. Fees for in-person and virtual opportunities vary. You may also search the course catalog for free eLearning courses that address all aspects of child development.

QUESTIONS?


Contact the Colorado Shines PDIS Help Desk at 844.447.4441, option 2 or PDISHelp@cde.state.co.us. Visit the [Apply for Training Alignment](#) page to learn how to have your training posted in the Colorado Shines PDIS.






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Competency Domain: Child Growth, Development, and Learning

* Offers some or all social-emotional clock hours, see course catalog description for details  Available in Spanish

Course	Clock Hours	Organization	Contact Information
Supporting Child Development	1.5	Healthy Child Care Colorado	Becky Edwards becky@healthychildcareco.org
Exploring the ELDGs	3.0	Triad Early Childhood Council/Child Care Innovations	Julia Brink julia.brink@rrcc.edu
Connected Caregiving: Developing Quality Infant and Toddler Relationships *	3.0	Healthy Child Care Colorado	Becky Edwards becky@healthychildcareco.org
Building Brains: Influencing Healthy Development in Early Childhood	1.5	Healthy Child Care Colorado	Becky Edwards becky@healthychildcareco.org
Combating Bias in Early Childhood: From Conversation to Practice	4.5	Congenial Consulting	Elisha Stewart ebroker12000@yahoo.com
COAIEYC: Equity and Diversity Throughout Early Childhood Programs (Series/High Needs) 	12.0	Colorado Association for the Education of Young Children (COAIEYC)	Deborah Young dyoungecg@gmail.com
Day to Day the Relationship Way	2.0	Lindsay Dickinson	Lindsay Dickinson telluridesitters@gmail.com

Competency Domain: Child Observation and Assessment

Course	Clock Hours	Organization	Contact Information
Educare Best Practices Training: Data Utilization - Data Basics	4.0	Clayton Early Learning	Nathan Pope npope@claytonearlylearning.org
Educare Best Practices Training: Data Utilization - A Deeper Dive into Data	6.0	Clayton Early Learning	Nathan Pope npope@claytonearlylearning.org

Competency Domain: Family and Community Partnerships

Course	Clock Hours	Organization	Contact Information
Fundraising and Community Mapping for Child Care Professionals	1.0	Early Childhood Health Outdoors National Wildlife Federation (ECHO NWF)	Adrienne Sedlak sedlaka@nwf.org
Community Engagement: Sharing Your Journey	1.5	Early Childhood Health Outdoors National	Adrienne Sedlak sedlaka@nwf.org





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		Wildlife Federation (ECHO NWF)	
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Competency Domain: Guidance

Course	Clock Hours	Organization	Contact Information
The Other Side of Time Out *	3.0	Triad Early Childhood Council/Child Care Innovations	Julia Brink julia.brink@rrcc.edu
Nurturing Social-Emotional Growth *	2.0	Healthy Child Care Colorado	Becky Edwards becky@healthychildcareco.org
Calming Chaos by Promoting Positive Behavior *	5.0	Congenial Consulting	Elisha Stewart ebroker12000@yahoo.com
Pyramid Model Essential Skills and Strategies *	9.0	Eva Jankovsky, Pyramid Plus Coach and Trainer	Eva Jankovsky Eva.jankovsky@state.co.us eva.jankovsky@gmail.com


Competency Domain: Health, Safety, and Nutrition

Course	Clock Hours	Organization	Contact Information
Cavity Free Kids	2.0	Healthy Child Care Colorado	Becky Edwards becky@healthychildcareco.org
Cooking Matters for Child Care Professionals	8.0	Cooking Matters by Share Our Strength and Healthy Child Care Colorado	Amber Troutman atrounman@strength.org Heather Aguilar haguilar@strength.org Becky Edwards becky@healthychildcareco.org
Quality Outdoor Learning Environments	2.0	Healthy Child Care Colorado	Becky Edwards becky@healthychildcareco.org
Let's Get Healthy! Guiding Young Children to Eat Well and Play Hard	2.0	Healthy Child Care Colorado	Becky Edwards becky@healthychildcareco.org
Cooking Matters: Creating Positive Mealtime Attitudes	2.0	Cooking Matters by Share Our Strength	Amber Troutman atrounman@strength.org Heather Aguilar haguilar@strength.org
Cooking Matters: Safe Cooking with Confidence	2.0	Cooking Matters by Share Our Strength	Amber Troutman atrounman@strength.org Heather Aguilar haguilar@strength.org
Cooking Matters: Choosing Healthy Foods for Kids	2.0	Cooking Matters by Share Our Strength	Amber Troutman atrounman@strength.org Heather Aguilar haguilar@strength.org
Cooking Matters: Meal Appeal	1.0	Cooking Matters by Share Our Strength	Amber Troutman atrounman@strength.org Heather Aguilar





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			haguilar@strength.org
Cooking Matters: Partnering with Parents on Healthy Eating	1.0	Cooking Matters by Share Our Strength	Amber Troutman atrounman@strength.org Heather Aguilar haguilar@strength.org
Cooking Matters at the Store	1.0	Cooking Matters by Share Our Strength	Amber Troutman atrounman@strength.org Heather Aguilar haguilar@strength.org
Cooking Matters and Child and Adult Food Program Collaborative Training	6.0	Cooking Matters by Share Our Strength	Amber Troutman atrounman@strength.org Heather Aguilar haguilar@strength.org
ONE Step Colorado - Secondhand Smoke and Asthma Training 	3.0	American Lung Association	Valerie Steinmetz Valerie.Steinmetz@lung.org

Competency Domain: Professional Development and Learning

Course	Clock Hours	Organization	Contact Information
COAEYC: Qualities of Effective Leadership	6.0	Colorado Association for the Education of Young Children (COAEYC)	Shannon Hall Shan4255@me.com

Competency Domain: Programming Planning and Development

Course	Clock Hours	Organization	Contact Information
Cooking Matters: Menu Management on a Budget	1.0	Cooking Matters by Share Our Strength	Amber Troutman atrounman@strength.org Heather Aguilar haguilar@strength.org
Marketing Your Program: Strengthening Business Practices	1.0	Early Learning Ventures	Michael Taylor mtaylor@earlylearningventures.org
Moving Past Paper: An Introduction to Child Care Management Systems	1.0	Early Learning Ventures	Michael Taylor mtaylor@earlylearningventures.org





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Competency Domain: Teaching Practices

Course	Clock Hours	Organization	Contact Information
I am Moving I am Learning for Infants and Toddlers	1.5	Healthy Child Care Colorado	Becky Edwards becky@healthychildcareco.org
I am Moving I am Learning for Preschoolers	3.0	Healthy Child Care Colorado	Becky Edwards becky@healthychildcareco.org
Exploring Art in Early Childhood	3.0	Triad Early Childhood Council/Child Care Innovations	Julia Brink julia.brink@rrcc.edu
Exploring Literacy through Creative Process and Close Looking	6.0	Denver Art Museum	Kristina Mahoney kmahoney@denverartmuseum.org Erica Richard erichard@denverartmuseum.org
Create to Write with the Denver Art Museum	1.5	Denver Art Museum	Kristina Mahoney kmahoney@denverartmuseum.org Erica Richard erichard@denverartmuseum.org
Look to Read with the Denver Art Museum	1.5	Denver Art Museum	Kristina Mahoney kmahoney@denverartmuseum.org Erica Richard erichard@denverartmuseum.org
Developing Language with Infants and Toddlers ♦	6.0	Denver Public Library	Alberto Pellicer apellicer@denverlibrary.org
Play is a Serious Business - Part I ♦	3.0	Denver Public Library	Alberto Pellicer apellicer@denverlibrary.org
Play is a Serious Business - Part II ♦	3.0	Denver Public Library	Alberto Pellicer apellicer@denverlibrary.org
Taking Cues from Your Children: Emergent Curriculum in Action	1.5	Early Childhood Health Outdoors National Wildlife Federation (ECHO NWF)	Adrienne Sedlak sedlaka@nwf.org
Grass, Dirt, and Concrete: Engaging Preschoolers in Outdoor Spaces	1.5	Early Childhood Health Outdoors National Wildlife Federation (ECHO NWF)	Adrienne Sedlak sedlaka@nwf.org
My First Garden: Growing Plants with Young Children	1.5	Early Childhood Health Outdoors National Wildlife Federation (ECHO NWF)	Adrienne Sedlak sedlaka@nwf.org
Water, Wind, and Weather: Engaging Infants and Toddlers in Outdoor Spaces	1.5	Early Childhood Health Outdoors National Wildlife Federation (ECHO NWF)	Adrienne Sedlak sedlaka@nwf.org
Nature Play at Home	1.5	Early Childhood Health Outdoors National Wildlife Federation (ECHO NWF)	Adrienne Sedlak sedlaka@nwf.org
Jump, Run, and Dig: Embracing Physical Activity in Nature	1.5	Early Childhood Health Outdoors National Wildlife Federation (ECHO NWF)	Adrienne Sedlak sedlaka@nwf.org
Denver Public Library: Every Child Ready to Read ♦	1.5	Denver Public Library	Alberto Pellicer apellicer@denverlibrary.org

1-877-338-2273

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COAEYC: Infant and Toddler Experiences in the Classroom *	6.0	Colorado Association for the Education of Young Children (COAEYC)	Deborah Young dyoungecg@gmail.com
An Introduction to Project Based Learning in Early Childhood	2.0	Cindy Wickham Credentialed Trainer	Cindy Wickham cindyswickham@yahoo.com
Powerful Interactions & Big Questions to Encourage Higher Level Thinking in Young Children	2.5	Cindy Wickham Credentialed Trainer	Cindy Wickham cindyswickham@yahoo.com
Denver Botanic Gardens: The Classroom and Nature Play	2.0	Denver Botanic Gardens	Chelsey Bardgett chelsey.bardgett@botanicgardens.org
Teaching Behavior Expectations	1.5	Patty Lindau Credentialed Trainer	Patty Lindau pointsettia335@comcast.net
Teaching Social & Friendship Skills	1.5	Patty Lindau Credentialed Trainer	Patty Lindau pointsettia335@comcast.net
Digital Humanity: Human Connections in Virtual Space	3	Online Self-Paced through Boulder Journey School . Email to discuss presentation options.	Alex Morgan alex.morgan@boulderjourneyschool.com
Science with Young Children	3	Online Self-Paced through Boulder Journey School . Email to discuss presentation options.	Alex Morgan alex.morgan@boulderjourneyschool.com
Fostering Creativity with Young Children	3	Online Self-Paced through Boulder Journey School . Email to discuss presentation options.	Alex Morgan alex.morgan@boulderjourneyschool.com

